



## St. Vrain Memorial Building

700 Longs Peak Ave • 303-651-8404

Located in Longmont's historic old town district, the St. Vrain Memorial Building offers:

- Locker rooms
- Fitness room
- Weight room with Lifecycles, Ellipticals, Treadmills with cable tv display, free weights, and circuit weights
- Towel rental, locks and lockers are available
- **Building Rentals Available**

### Building/Weight Room Hours

Monday-Friday 6:00 am - 8:00 pm  
Saturday 7:30 am - 5:00 pm

#### Holiday Hours:

Dec 24 & 31: 6:00am-3:00pm  
Dec 25 & Jan 1: Closed

**New Towel Service available: Free for extended pass holders, \$1 all others.**

### Open Gym Basketball\*

For individuals 18 years and older  
Tue & Thurs 11:30am-2:30pm

*\*Other drop-in times available; please call for more information. Locks available to check out with I.D. No babysitting service available.*

### Memorial Building Gym Rental Fees

For Rental Availability  
Call 303-651-8404  
Athletic Gym Rental: \$70/hr  
Private Party Gym Rental: \$85/hr  
Rental Deposit: \$500



### Izaak Walton Clubhouse

18 South Sunset Street

\$25 per hour Weekdays until 5pm  
\$50 per hour weekdays after 5pm,  
all day Sat & Sun

\$200 building deposit required at time of reservation. Additional fees may apply. Great Rental facility for parties, wedding receptions, business meetings and community gatherings.

- Maximum Capacity 95 people
- Refrigerator & Microwave (catering style kitchen)
- No Smoking - No Alcohol, No Live Bands, amplified sound, all City noise ordinances must be adhered to. Music must be off by 10pm.

*For more rentals, see inside back cover.*

### Weight Room Facelift!

Check out the new selectorized weight machines at the St Vrain Memorial Building! The new components support a wider range of exercises, allowing you to zero-in on specific muscle groups with greater precision and safety.

### Ask the Trainer

Join us on the second Wednesday of each month to talk to a personal trainer about your fitness questions, concerns, or workouts. This is a great time to get a new exercise to strengthen your target muscle group, to clarify proper form on a specific piece of equipment, or find out if a personal training session might be a good fit for you.

Dec 9, Jan 13, Feb 10, Mar 9, Apr 13, May 11: 10am-11am  
Free consult with Regular admittance fees



### St Vrain Memorial Building Party Packages

Book your party today! Call the St Vrain Memorial Building at 303-651-8404 to check availability and reserve your party. Full payment is required upon booking, \$50 non-refundable upon cancellation.

Dance Imagination Birthday Parties is one option available for parents. This hostess-led birthday party experience is customizable with themes that invite movement, magic, play-acting and dance.

\$121 to \$161 for 1.5 hours for 12 children, price depends upon package selected. \$8 each additional child. Food, beverages, tableware and decorations provided by parents. Party Host(ess) to lead and facilitate partygoer fun!

**Party Format:** 1/2 hour set up time for parents. 1 hour of entertainment and fun. 1/2 hour for cake and presents



### Itty Bitty City

Snow or Shine, our toys are divine! Kids ages 6 mo to 5 years have lots of room to run and play! Parents must supervise their children. Please, no older children. No fee for babies.

Ages: 6 months to 5 years with a parent  
Dates: Jan 8-May 6, Fridays, 9-11am  
Location: St Vrain Memorial Building, 700 Longs Peak Ave  
Fee: \$2 per child; 10 visit pass \$17

### New! Itty Bitty SCOPE City

Join us the 2nd Tuesday of each month, January thru April, for a SCOPE version of the popular Itty Bitty City! Designed especially for kiddos with special needs to be a smaller, less overwhelming opportunity for free-play and socialization. For kids ages 6 months to 6 years. Parents must supervise their children.

6mos-6 yrs: Jan 12, Feb 9, Mar 8, Apr 12, Tuesday, 9am-11am  
Location: St Vrain Memorial Building, 700 Longs Peak Ave  
Fee: \$2 per child



Glow Parties for ages 7 plus. 90 minute parties from \$121. Glow in the dark fun time. Call 303-774-4757 to schedule.

*On-going fitness classes - current schedule at facility and online*